

Way Forward...

- Information sessions to parents at the beginning of term 3.
- Seminar VS Lessons within the PSCD curriculum.
- No consent form is required since the topics form part of the curriculum and are delivered within PSCD lessons.
- Lessons are catered according to students' intellectual ability.



Topic outline



Self Awareness and Body Changes ©

- To help students develop an understanding of how people change from birth to adulthood.
- To explore in what ways they have changed.

Sexual Development and Puberty

- To review students' knowledge about development and address physical and emotional development.
- To identify the different physical and sexual developmental stages each individual goes through.

Topic outline



Relationships, Sexual Orientation, Public and Private ©

- To consider the various important relationships in the students' lives.
- To become aware of sexual orientation.
- To identify behaviour that can be carried out in public and in private.

Boundaries and Abuse ©

- To identify the appropriate persons within their lives in helping them on specific issues.
- To make students aware of different instances of abuse.

Topic outline



Pregnancy, Contraception and STIs

- To verify students' knowledge of conception and to identify signs of pregnancy.
- To discuss the developmental stages of pregnancy.
- To review how the contraception methods protects them against transition of STIs.

Where Do I Come From? ©

- To explore the fact that reproduction requires both a man and a woman.
- To help students understand that pregnancy and birth occurs in the female body.

List of Resources

- Samples of contraception;
- Female and male fabric genitals (models);
- Baby fabric model;
- Other resources (flashcards, videos, PowerPoint presentations, worksheets, props).



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