

CONFERENCE

Breaking the Silence

Sexuality,
intimate relationships
and disability

30 October 2017

08:30am - 12:30pm

InterContinental Malta, St Julian's




Special guest speaker: Prof. Thomas William Shakespeare






CRPD

crpd.org.mt

Development of PSCD

- Lifeskills  PSE  PSD  PSCD
- Originated from Church schools and was eventually taken up by state and independent schools
- National Minimum curriculum (1998) formal inclusion of the subject
- A national curriculum framework for all (2012)
- Learning outcomes framework (2016)

Defining SRE

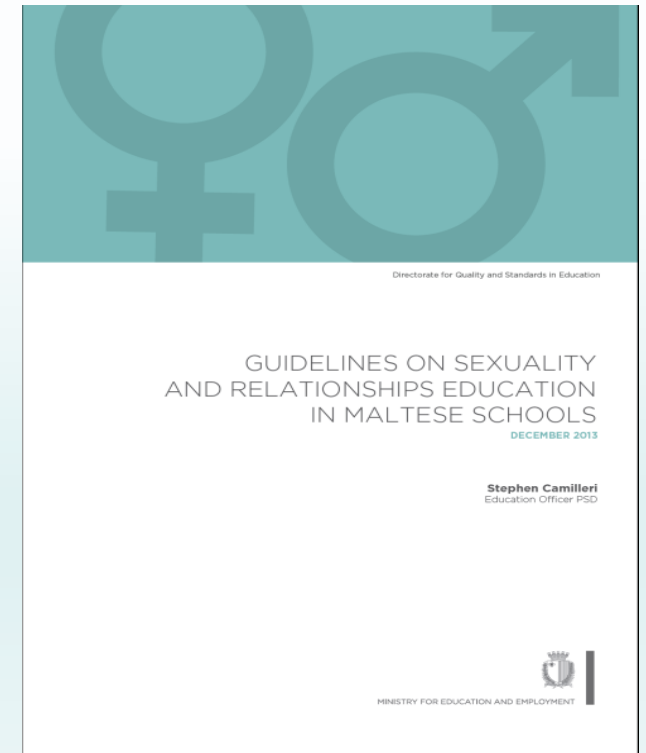
- S – Sex  Sexuality  Sexualities
- R - Relationship  Relationships
- E – Education

SRE is part of a more general education and thus affects the development of the child's personality. Its preventive nature contributes to the:

- Improvement in the quality of life, health and well being
- building and maintenance of satisfactory relationships and
- to the positive development of personality and self-determination


Policies specific to Sexuality

- National Sexual Health Policy (2011)
 - Guidelines on Sexuality and Relationships Education in Maltese schools(2013) – reference to disability included
 - The Malta National Disability Strategy - Consultation document
- Objective 12 : Sexuality and Parenthood



The SRE programme in mainstream schools

- Year 4 – Year 11
- Cyclical and developmental
- Comprehensive programme as opposed to abstinence based programme
- Inclusion of parents (especially in the primary years and resource centres)

Year 4	Year 5	Year 6
Love	Love	Changing relationships
How do animals and plants develop in nature	Emotional changes	Emotional changes
Growing up	Physical changes	Physical changes
Personal safety	Sexual changes	Sexual changes
	Stereotypes	Media and Stereotypes
	Healthy living	Healthy living
	How a baby develops	Conception and Pregnancy
	Personal safety (abuse)	Personal Safety (privacy, consent and abuse)



Year 7 (Form 1)

- the different physical and emotional development stages enable the students
- how and why the different sexes develop differently.
- personal hygiene and one's responsibility for their own hygiene
- abusive relations and situations,
- agencies which offer help in case of abuse

Year 8 (Form 2)

- the influence of media on young people (body images & sexualized images)
- attitudes about what constitutes an 'ideal' body
- bulimia and anorexia
- a positive view of sexuality
- the process of conception and pregnancy
- changing moods and feelings associated with growing up changes
- the effects of teenage pregnancy on self and others

Year 9 (Form 3)

- **the risk of inappropriate sharing of personal information**
- **one's responsibility to protect the privacy of others when posting information about them online**
- **understanding growing up changes**
- **the importance of good personal hygiene and regular check ups**
- **the importance of adopting the ABC model in relation to sexual encounters**
- **the different methods of contraception and their reliability**

Year 10 (Form 4)

- the risks of sharing explicit photos online
- exploring the development of dating relationships
- recognizing the different stages of a dating relationship with a partner
- identifying and address signs of abusive relationships
- recognizing and challenging the cultural expected behavior of different genders in a relationship
- consolidate knowledge about growing up changes
- reflecting on how personal values influences one's sexual choices
- reflecting on attitudes and knowledge about STIs
- reflecting on reasons for and against condom use and how to use it correctly

**YEAR 11
(Form 5)**

- **understanding how relationships can affect one's emotions and life**
- **reflecting on how to avoid risky online relationships**
- **exploring issues of responsibility in sexual relationships**
- **exploring the effect of alcohol on sexual relationships**
- **understanding different sexual orientations**
- **exploring personal and societal attitudes towards pornography**
- **reassessing learning on sexuality topics**



2015

Wardija Resource Centre
Guardian Angel Resource Centre



Thank you

Stephen Camilleri
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